



COLLEGE "FIT" PROJECT

WHAT SCHOOLS ARE THE RIGHT FIT FOR YOU!



Directions: Please use the fillable PDF to fill out this form on a computer or mobile device. When completed, save by choosing "Print" and then "save as PDF" on your computer or take a screenshot to keep a record of your answers.

Step 1: Areas of Importance: Please check the top 10 items that are important to you when selecting a school/program. Refer to the definition list for clarity.

Academics		Financial		Social		Personal/Development	
<input type="checkbox"/>	Tutoring	<input type="checkbox"/>	State/Local Aid	<input type="checkbox"/>	Program Community	<input type="checkbox"/>	Career Development
<input type="checkbox"/>	Books	<input type="checkbox"/>	Accessible Scholarships	<input type="checkbox"/>	Ethnic/Cultural Community	<input type="checkbox"/>	Mental Health
<input type="checkbox"/>	Class Sizes	<input type="checkbox"/>	Emergency housing/funding	<input type="checkbox"/>	Student Support Office	<input type="checkbox"/>	Health and Fitness
<input type="checkbox"/>	Office Hours	<input type="checkbox"/>	Need-based Aid	<input type="checkbox"/>	Student Social Activities	<input type="checkbox"/>	Dietary Health/Education
<input type="checkbox"/>	Courses	<input type="checkbox"/>	Financial Aid Support	<input type="checkbox"/>	On Campus Events	<input type="checkbox"/>	Housing Security
<input type="checkbox"/>	Study Areas	<input type="checkbox"/>	Financial Literacy Workshops	<input type="checkbox"/>	Commuter Experience	<input type="checkbox"/>	Networking
<input type="checkbox"/>	Technology support	<input type="checkbox"/>	UpperClassmen Scholarships	<input type="checkbox"/>	Cultural Exposure	<input type="checkbox"/>	Research Opportunities
<input type="checkbox"/>	Internship/Co-op	<input type="checkbox"/>	Transfer Financial Aid	<input type="checkbox"/>	Student Orgs/Greek Life	<input type="checkbox"/>	On Campus Employment
<input type="checkbox"/>	Graduation Rates	<input type="checkbox"/>	Cost of Attendance	<input type="checkbox"/>	Student Leadership	<input type="checkbox"/>	Summer Employment
<input type="checkbox"/>	Transfer Policy	<input type="checkbox"/>	SAP Policies	<input type="checkbox"/>	Study Abroad	<input type="checkbox"/>	Location
<input type="checkbox"/>	Honors Program	<input type="checkbox"/>	Appeals	<input type="checkbox"/>	Volunteer Opportunities	<input type="checkbox"/>	Eco-Friendly
<input type="checkbox"/>	Freshman Forgiveness	<input type="checkbox"/>	Fee Waivers	<input type="checkbox"/>	Athletics/Sporting Events	<input type="checkbox"/>	Mentor Programs

Step 2: College Match Tool: Using your GPA and SAT/PSAT Score, use the link/QR code at the top of the page to access the College Match Tool to create your college list. If you do not have a SAT/PSAT Score please use the Score Simulator.

Step 3: College List: Using the selected areas in Step 1, research to identify which schools from your college match list have most or all of your Areas of Importance. List top 4 schools in each category below. Be sure to write the school under the appropriate label listed from the college match tool.

Reach School	Match School	Safety School

Congratulations!

With the completion of the list above, you have identified your top 12 schools to apply to your senior year of high school. Feel free to revisit this list each year leading up to your senior year to update accordingly. Never select a school without ensuring they have all/most of the areas of importance to support your success!

COLLEGE "FIT" PROJECT WORD BANK

Academics

- Books - Free, low cost, or rentable textbooks for courses on campus.
- Class Sizes - Number of students per teacher that ranges from small (5 people) to large (300 people).
- Courses - Classes taken for areas of study or major that align with interests.
- Internship/Co-op - Student work position to gain experience in intended job field.
- Freshman Forgiveness - Allowing freshman to retake course/s they got a low grade in.
- Graduation Rates - Percentage of students who started college that graduate. Can be calculated by race and gender.
- Honors Program - Programs or courses for high achieving students to study more complex subjects.
- Office Hours - Meeting with professors at designated times outside of class for help.
- Study Areas - Designated areas to study individually or as a group 24/7.
- Technology support - Free computer labs, laptops, or technology needed for class.
- Transfer Policy - The ease of changing from one college to another.
- Tutoring - 1-on-1 academic support for a wide range of classes, can be free or low cost.

Financial

- Accessible Scholarships - Scholarships offered based on your unique circumstances or credentials.
- Appeals - Formal request for more financial aid.
- Cost of Attendance - Total amount of money that it costs to go to college for one year.
- Emergency funding - Money for emergencies or financial hardships provided by the college.
- Fee Waivers - Allows students who qualify to bypass making certain payments (i.e. applications, enrollment, housing)
- Financial Aid Support - Office that deals with students scholarships, grants, bills, etc.
- Financial Literacy Workshops - Workshops to educate on budgeting, finances, investing, banking, etc.
- Need-based Aid - Financial aid based on financial need (i.e low income students).
- SAP Policies - Satisfactory Academic Progress i.e certain GPA to maintain eligibility for financial aid.
- State/Local Aid - Financial aid offered by the state or local areas to help pay for college.
- Transfer Financial Aid - Money for college that can go to a different school if you decide to transfer.
- Upper Classmen Scholarships - Applications for free money for students older than freshmen.

Personal/Development

- Alumni Networking - Staying actively engaged with graduates of your school/program for increased relationships and opportunities.
- Career Development Offices - Supports with career advising, coaching, resumes, interview skills and more to carry out career plans.
- Coaching/Mentor Programs - Programs or people that support personal and professional growth and development.
- Counseling/Mental Health - Professionals who support with maintaining emotional, psychological and social well-being.
- Dietary Health/Education - Understanding of a healthy diet and healthy eating habits.
- Eco-Friendly - Environmentally friendly processes to help reduce waste and pollution.
- Health and Fitness - Mental, physical and social well-being.
- Housing Security - Housing that is safe, affordable, quality condition and not at risk of being lost.
- Location - Type of environmental factors surrounding an area such as weather, amenities, distance etc.
- On Campus Employment - A job through the college/university that is more accommodating to a students
- Research Opportunities - Opportunities to earn money or credit by doing research on a specific topic or study.
- Summer Employment - An opportunity to make money or gain experience over summer vacation.

Social

- Athletics/Sporting Events - Events you can attend to support your school, socialize & get involved on campus.
- Commuter Experience - Understanding challenges and resources to support with traveling to and from campus daily.
- Cultural Exposure - An experience that helps develop a better understanding of a particular culture.
- Ethnic/Cultural Community - A group of people with common identities like heritage, culture, language or religion.
- On Campus Events - Events happening on campus that encourage healthy involvement in campus life.
- Program Community - Interacting with peers with a common interest (i.e. major, honors college, career interest)
- Student Leadership - Taking an active role in a class, organization or program to guide, motivate and inspire others.
- Student Orgs/Greek Life - A group of students united for a common goal/agenda and helps students gain social and leadership skills.
- Student Social Activities - Activities that provide opportunities for students to get involved and meet new people.
- Student Support Office - Office that supports student success in a number of areas (tutoring, writing, counseling etc.)
- Study Abroad - A chance to gain an educational experience in a foreign country.
- Volunteer Opportunities - Unpaid opportunities to give back by using your free time to help a cause.